



MAKING A DIFFERENCE

SAWSO project staff found this 72-year old grandmother in rural South Africa struggling to care for her eight grandsons. After her six daughters died, likely from AIDS, she was left alone without a job to bring up her grandchildren. Her only granddaughter had recently succumbed to dehydration from chronic diarrhea, a preventable condition. SAWSO gave her the hope and strength to persevere by providing counseling, shelter, hygiene education, school uniforms, and access to government grants.



This publication was made possible through support provided by the Office of Health, Infectious Diseases and Nutrition, Bureau for Global Health, USAID, under the terms of Award No. GHSA-00-05-00033-00 & Award No. HFP-A-00-02-00040-00. The opinions expressed herein are those of the author and do not necessarily reflect the views of USAID.



P.O. Box 1428
Alexandria, VA 22313

P: 703-684-5528
F: 703-684-5536

www.SAWSO.org



COMMUNITY HEALTH

WORKING HAND IN HAND WITH
COMMUNITIES TO CREATE A BRIGHTER FUTURE



Improving the Health of Women and Children

KEY FACTS: MATERNAL AND CHILD HEALTH

Each year:

- More than 500,000 women die in pregnancy or childbirth;
- More than 10 million children die before their fifth birthday—nearly 40% of these in the first month of life;
- Seven million of these deaths are preventable with proven, cost-effective interventions.

SAWSO RESULTS: COMMUNITY HEALTH PROGRAMS

SAWSO has child survival projects in South Africa and Zambia. In October 2002, SAWSO began a five-year USAID-funded child survival program in the Abaqulusi district of KwaZulu-Natal, South Africa, serving nearly 38,000 women and 27,000 children under five. Proven, cost-effective interventions include pneumonia case management, diarrhea control, immunization, breastfeeding, and HIV/AIDS prevention and care. In 2004, SAWSO launched a child survival program in Zambia that will reach over 72,000 direct beneficiaries, including 44,000 children under five and 28,000 women of reproductive age.



Using innovative community-based strategies, the project will address factors contributing to high mortality rates, such as malaria, due to the low use of insecticide-treated nets, and malnutrition, brought about by poverty and poor infant and child feeding practices.

UNIQUE COMMUNITY-BASED APPROACH

SAWSO embraces community-driven solutions that improve living conditions, raise skill levels, increase productivity, and create community-wide participation in building local capacities to maintain long-term solutions. This approach is possible due to its unique ability to work through The Salvation Army's indigenous, community-based sustainable structures such as women's home leagues, men's fellowship groups, and local churches.



Helping to Create a Brighter Future

You can help to improve the health of women and children.


A **\$50** donation will help grandmothers in South Africa care for their orphans and vulnerable children by providing necessary items such as clothing, school supplies, school fees, and food supplements.

A **\$40** donation will provide bednets for four families with women and children in rural Zambia. The bednets will protect them from mosquitoes carrying malaria, the leading cause of childhood death in Zambia.

A **\$100** donation will support the prevention of the most common childhood illnesses such as diarrhea, pneumonia, and malnutrition in Zambia and South Africa through proven, cost-effective interventions.

I will be paying by:

- Check (make payable to SAWSO)
- Money Order

To donate with your credit card, please go to www.SAWSO.org and click on  to enter your credit card information and specify SAWSO.

We accept:

- VISA
- MasterCard
- Discover
- American Express