



WATER

Nearly 1.1 billion people in developing countries currently lack access to safe water, and nearly 2.6 billion have no access to basic sanitation services. Waterborne diseases cause over 80 percent of illnesses in the developing world and represent one of the most serious public health threats. Over 6,000 people per day—mostly children—die from these diseases.

Access to adequate drinking water and sanitation serves as a catalyst for better public health, education, poverty reduction and women's empowerment. Current projections are that two-thirds of countries will face severe water shortages by 2025, resulting in rippling effects to health, economies and industry.

SAWSO recognizes the importance of clean, affordable water to the well being of all. One can live for days without food but only hours without water. Just think if this well were **YOUR** only source of water.

Our partners in this new initiative are Water Advocates, Global Water Challenge, and most recently the Rotary Club. SAWSO is looking for new sources of funding in addition to US Government funding under a new Water for the Poor Initiative which provides \$200 million per year for water programming. Unfortunately, this is far short of the estimated \$1 billion needed annually over the next ten years to provide safe water to the poorest populations.



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P.O. Box 1428
Alexandria, VA 22313

P: 703-684-5528
F: 703-684-5536

www.SAWSO.org



HELP PLANT THE SEED

FOOD SECURITY & WATER



Providing People With Access
to Nutritious Food at All Times

FOOD SECURITY: WHAT IS IT?

Food Security is defined as 'providing a people with access to nutritious food at all times'. Food security aims to redress chronic poverty resulting from poor access, inadequate availability, and poor utilization of food. These objectives are achieved by improving food availability and access by increasing agricultural production and incomes. The program seeks to improve infrastructure through a strategic process of improving agricultural practices, linking production and marketing, and strengthening farmer organizational capacity.

SAWSO'S RESPONSE

SAWSO and The Salvation Army Malawi Command have joined five other charities in a US Government-funded program entitled "Improving Livelihoods through Increasing Food Security or I-Life Program". SAWSO's responsibility in this five-year program is to assist farmers in one of Malawi's most drought prone areas to:

- Improve food availability and access by increasing agricultural production and incomes.
- Increase household adoption of improved nutrition and health behaviors and improve food utilization of malnourished children and chronically ill-affected households. Project activities will promote better nutrition practices, community health awareness campaigns, community and home vegetable gardening, and improved capacity of community health workers to deliver sustainable quality health services within their communities.
- Promote increased accountability, transparency, and effectiveness of district government structures and national civil society capacity to sustain development activities.



HOW DOES SAWSO MAKE A DIFFERENCE?

In 2006, 17,000 households received assistance from this program. The following is a list of on going activities:

- Support to vulnerable people
- Home gardens training
- Seed multiplication
- Water harvesting farmer training
- Establish fruit tree nurseries and fruit tree seedlings distribution
- Identify priority soil water practices
- Develop irrigation systems
- Construct water harvesting structures
- Village Savings group training
- Community health education sessions
- People living with AIDs (PLWA) nutrition education sessions
- Household counselling
- HIV/AIDS prevention messages




Orphans and vulnerable children signing up to receiving food rations

SAWSO NEEDS YOUR SUPPORT:

Your gift will provide where needed: A hungry family will receive seeds to plant a crop; a seven year old orphan caring for his two year old sister will receive nutritious food rations. Help us meet the critical needs of these precious children and families.

I will be paying by:

- Check (make payable to SAWSO)
- Money Order

To donate with your credit card, please go to www.SAWSO.org and click on  to enter your credit card information and specify SAWSO.

We accept:

- VISA
- MasterCard
- Discover
- American Express